

Blood Drive

D. A.R.E. America along with the D.A.R.E. Instructor Advisory Committee is sponsoring a Blood Drive on July 8th and 9th at the National Conference in Nashville from *10:00 am – 4:00 pm. Sign up is available during registration and during any of your training classes.



The blood drive will be located conveniently in the convention center next to the classes being given. YOUR DONATION IS VERY IMPORTANT! There will be a \$175.00 raffle for all that participate.

- *dates to stay the same, time subject to change prior to conference*

On a typical weekday, the American Red Cross ships between 500 and 600 pints of blood for patients in area hospitals. This includes blood for the 30 to 40 heart surgeries scheduled to take place in Nashville and surrounding communities. In addition, the region provides blood for about three organ transplants each day, and regular surgeries, including gallbladder and colon operations, C-sections, and other procedures.

Last fiscal year, our region shipped 149,615 pints of blood for area hospital patients. To meet these needs, 800 people in our region must volunteer to donate blood every weekday. Another 300 people must volunteer to donate each weekend.

While 60 percent of the population is eligible to give blood, only about five percent do so.

For more information, or if you would like to see interesting facts please click to see the web site: <http://chapters.redcross.org/tn/nashvilleblood/blood.html>

- About Giving Blood
 - You can't catch AIDS, hepatitis or any other disease by giving blood.
 - Giving a pint of blood now can save up to 3 lives.
 - Aside from a brief needle prick, it doesn't hurt to give blood.
 - Your body will replace the blood you donate within days of your donation.
 - You can give blood every 56 days, or up to 6 times every year.
- Who Can Give?

You must:

- Be at least 17 years old
- Weigh at least 110 pounds
- Be in general good health
- Not have given blood in the last 56 days
- Not have been asked by the Red Cross not to donate
- There is no upper age limit for donating blood